



## Dr. Jacob Pendergrast, Sickle Cell Disease

# QUESTIONS/COMMENTS?

<ul> <li>PRINCIPLES</li> <li>Decr HgbS%, generally more important than increasing total Hgb</li> <li>Benefit only with high-shear vasculature</li> <li>Ceiling of Hgb ~100 g/L</li> </ul>	<ul> <li>WEAK EVIDENCE WITH PREGNANCY</li> <li>Available evidence suggests more benefit for mom than developing fetus</li> <li>There may be exceptions (eg., signs of placental insufficiency, prev IUGR)</li> </ul>
<ul> <li>CAUTION WITH SEVERE ANEMIA</li> <li>Aplastic crisis: volume overload</li> <li>Sequestration: autotransfusion</li> <li>Hyperhemolysis: worsening anemia</li> </ul>	<ul> <li>GOOD EVIDENCE FOR STROKE PREVENTION</li> <li>Transfusion indicated for all children with high-risk dopplers and history of stroke</li> <li>Smaller value for children with SCIs</li> <li>Limited evidence in adults; look for other causes, caution with hemorrhagic stroke</li> </ul>
<ul> <li>NUANCED APPROACH FOR SURGERY</li> <li>Usually not needed for low-risk patient with low risk procedure</li> <li>Indicated for everyone else, top-up vs exchange depends on comorbidity, procedure risk, baseline hemoglobin</li> </ul>	<ul> <li>THERAPEUTIC TRANSFUSION IF ACUTE ORGAN COMPROMISE</li> <li>Limited evidence, but consensus supports transfusion for acute stroke, acute chest syndrome, sickle hepatopathy</li> <li>Other situations: "if all else fails"</li> </ul>

### SELECTION OF RBCs MUST BE DONE WITH CARE!

Tell your blood bank early that your patient has sickle cell, provide detailed transfusion history

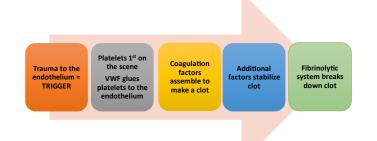
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### Dr. Natasha Rupani, Dr. Michelle Sholzberg - Congenital Coag – VWD, Hemophilia

### **Hemostasis Simplified**



The bleeding history if the most important TEST of hemostasis, using a validated bleeding assessment tool (BAT).

A normal PT and aPTT does not rule out a bleeding disorder.

### Von Willebrand Disease

Diagnosis: 1) Bleeding Symptoms, 2) Family History, 3) Laboratory Results

Bleeding Symptoms		Treatment
<ul> <li>Heavy menstrual bleeding</li> <li>Epistaxis</li> <li>Bruising</li> <li>Excessive bleeding from minor wounds</li> <li>GI bleeding</li> <li>Oral cavity/post-dental procedure</li> <li>Post-operative</li> <li>Post-partum</li> </ul>	<ul> <li>Musculoskeletal (Type 2N, 3)</li> <li>Hemarthrosis</li> <li>Soft tissue, muscle hematomas</li> </ul>	<ul> <li>Call Hematology/Transfusion Medicine Principle of treatment: Increase or replace VWF <ul> <li>DDAVP (Desmopressin)</li> <li>VWF:FVIII Concentrate (Humate P, Wilate)</li> <li>Adjunctive anti-fibrinolytic agent (TXA)</li> </ul></li></ul>
Hemophilias: Fa Hemophilia B • Factor IX defici • 1 in 30,000 ma		"Low VWF"     • Mild/moderate qualitative trait       Type 1 (1C)     • Ouslitative trait       20     • Qualitative trait       20     • Ouslitative trait
Bleeding Symptoms <ul> <li>Musculoskeletal bleeding <ul> <li>Hemarthrosis</li> </ul> </li> </ul>	Principle of tr	atology/Transfusion Medicine reatment: Replace deficient factor
<ul> <li>Intra-muscular hematoma</li> <li>Mouth bleeding, epistaxis</li> <li>Intracranial bleeding</li> <li>Bleeding with trauma, procedures, surgery</li> <li>Heavy menstrual bleeding (symptomatic carriers)</li> </ul>	<ul> <li>Factor VIII: Xyntha, Kovaltry, Nuwi</li> <li>Factor IX: Benefix, Rebinyn</li> <li>DDAVP (Desmopressin) – mild her</li> </ul>	<ul> <li>Avoid PCC – risk of thrombosis</li> </ul>

#### Resources

- "Principles of Management of Urgent Bleeding in Hemophilia" developed by Dr. Jerry Teitel
- <u>Blood Easy: Coagulation Simplified</u> developed by ORBCoN
- <u>Illustrated Review of Bleeding Assessment Tools and Coagulation tests</u> (Elbaz, Sholzberg)

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